

#### Journal of Linguistics and Education Research

https://ojs.bilpublishing.com/index.php/jler



#### ARTICLE

# On the Relationship between Iranian EFL Students' Writing Strategies and Writing Ability

## Behrooz Ghoorchaei\*1 Maryam Khosravi2

- 1. Department of English, Farhangian University, Tehran, Iran
- 2. Islamic Azad University of Gorgan, Iran

#### ARTICLE INFO

Article history

Received: 28 November 2018 Accepted: 8 January 2019 Published: 27 March 2019

Keywords: Writing strategy Writing ability EFL students

#### ABSTRACT

This study aimed at investigating the relationship between writing strategies, and writing ability of Iranian EFL students. The participants were 120 students learning English in the Iranian EFL context. Data were gathered by means of a writing strategies questionnaire and an IELTS writing task. The results of Pearson correlation test revealed that there was a statistically significant relationship between writing strategies, and writing abilities of the participants. The results have some implications for teaching writing in the EFL context.

#### 1. Introduction

Triting is one of the most important skills in learning English as a foreign language. In some researchers' opinion, there is a relationship between learners' success and their writing abilities (Lerstorm, 1990). [8] In writing a passage in English, learners utilize writing strategies to write a text better. These strategies are different in different students. For example, proficient students have more awareness of writing process than novice ones. Lipstein and Renninger (2007) [9] mentioned that successful learners develop a better understanding of writing skill, set writing goals, and use diverse writing strategies.

Writing Strategies are cognitive and meta-cognitive procedures that writers use to control the production

of writing (Richards & Schmidt, 2002).<sup>[13]</sup> It can be defined as a sequence of engaging a writer in planning, composing, and revising activities in a writing task (Torrance, Thomas & Robinson, 2000).<sup>[14]</sup>

Today one can find some university EFL students who cannot write even a simple coherent English sentence after four years of study at the university level and the grades they get in the norm-referenced assessment culture of Iran do not have accountability. This problem might be due to their unfamiliarity with strategies involved in writing process. Therefore, this study intends to investigate the relationship between Iranian EFL students' use of writing strategies and their writing ability. Therefore, the following research question was formulated:

Is there any statistically significant relationship

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Behrooz Ghoorchaei,

Assistant Professor of Applied Linguistics, Farhangian University, Tehran, Iran;

Email: behroozghoorchaei@gmail.com.

<sup>\*</sup>Corresponding Author:

between Iranian EFL students' writing strategies and their writing ability?

Accordingly, the following null hypothesis could be presented:

There is no statistically significant relationship between Iranian EFL students' writing strategies and their writing ability.

## 2. Literature Review

## 2.1 Writing

Richards and Schmidt (2002)<sup>[13]</sup> defined writing as strategies, procedures, and decision making processes which are utilized when the authors write about a topic. They mentioned that writing included planning, drafting, reviewing and revising processes.

Heaton (1975)<sup>[6]</sup> explains that a writer needs four fundamental skills to write about a topic. The first skill is grammatical skill which helps the writer to write grammatically correct sentences. The second skill is stylistic skill which is about the ability to manipulate the sentences and use the language efficiently. Mechanical skill is the third necessary skill in writing process. Writers should use conventions peculiar to written language. Judgment skill is the last skill which is related to appropriate manner of writing according to the purpose of writing.

Writing is a complex process which is considered as one of the most essential skills in language learning. Shopping lists, letters and academic texts are some forms of writing. Each of these forms have a variety of features regarding their levels of grammar or structure. Nunan (1999)<sup>[11]</sup> stated that writing is productive skill and shares some functional characteristics with spoken discourse. Halliday (as cited in Nunan, 1999)[11] described three purposes for writing. Action, information, and entertainment are the main purposes of writing a text. Action includes public signs, product labels, and so on. Information is related to the newspapers and magazines, and entertainment includes comic strips, novels, and newspaper features. Emig (1977)<sup>[4]</sup> defines writing as a unique mode of learning and in this process both sides of brain should be used. Emig believed that writing a text increases thinking skills, it also helps the author to analyze and synthesize ideas better.

Students in EFL classes have lots of problems with writing. Lack of skills to write is the first problem that students may face. Students do not write in their L1, and this issue impacts their confidence and experience, so learners avoid writing which compounds the problem. Another factor which affects writing is previous learning experience. It impacts the learners' views about their

capabilities, and this prevents them from experimenting writing skills. Nunan (1999)<sup>[11]</sup> said that written discourse is not an important problem, and, linguistically, written language tends to consist of clauses that are complex internally. Students also need to master new vocabulary, format and register conventions.

## 2.2 Writing Strategies

Writing Strategies include cognitive and metacognitive procedures that writers use to control the production of writing. There are eight categories of writing strategies. "Planning" is the first category in which the writer chooses what to write about. "Global planning" is about organizing the whole text. In "Rehearsing" the writer tries out ideas and in "Repeating" phase, they provide impetus to continue writing. Writers review what had already been written down in "Re-reading", and in "Questioning", ideas are classified and evaluated. "Revising" and "Editing" are the last categories which are related to making some changes to clarify meaning and correct syntax and spelling (Arndt, 1987). She proposed the following table for describing her own categories of writing strategies.

**Table 1.** Arndt's Categories of ESL Writing Strategies

Category of strategies	Definition
Planning	Finding a focus, deciding what to write about
Global planning	Deciding how to organize the text as a whole
Rehearsing	Trying out ideas and the language in which to express them
Repeating	Of key words and phrases- an activity which often seemed to provide
	impetus to continue composing
Re-reading	Of what had already been written down
Questioning	As a means of classifying ideas, or evaluating what had been written
Revising	Making changes to the written text in order to clarify meaning
Editing	Making changes to the written text in order to correct the syntax or
	spelling

Wenden (1991)<sup>[16]</sup> asked eight students to write a text at the computer and investigated how metacognitive strategies impacted students' writing. She classified writing strategies in two sections. The first section includes metacognitive strategies such as planning, evaluation, and monitoring. Cognitive strategies are in the second part which include clarification, retrieval, resourcing, deferral, avoidance, and verification. Metacognitive strategies are mental operations that students use to regulate their learning process. They are used for execution of a writing task. Cognitive strategies are used for learning new information and using it in a particular task or situation. They are used to solve the problems during writing and help the implementation of the metacognitive strategies.

Victori (1995)<sup>[15]</sup> classified writing strategies into seven types. They included planning strategies, monitoring strategies, evaluating strategies, resourcing strategies, repeating strategies, reduction strategies, and the use of L1 strategies. In planning strategies, the writers decide about their ideas and state their aims for writing. The strategies which writers use for checking and identifying

the problems are called monitoring strategies. Evaluating strategies include strategies that are used for changing the text and used after reconsidering the text and learners' objectives. Resourcing strategies means using external referencing sources of information. When writers are reviewing the text, they can apply repeating chunks of language. Reduction strategies involve removing some phrases in a text, trying to solve the problem, and paraphrasing. A writer can use L1 to generate new ideas and evaluate L2 or foreign language written text.

Riazi (1997)<sup>[12]</sup> asserted that some categories can be added to previous categories of writing strategies. He believed that the students can use these strategies for mental representations of writing task and social activities. He said that cognitive strategies include note taking, inferencing, elaboration, L1 use, and revising and editing multiple drafts of writing. He stated that students use their previous knowledge and called this a dynamic and interactive process. Metacognitive strategies lead to the control of writing tasks and the decrease of the levels of stress and anxiety. Social strategies included interaction with teachers and students for clarifying the task, problem solving, and discussing about comments in writing process. The last category of strategies i.e. search strategies deal with searching and using supporting sources. The composing strategies are displayed in table 2 below.

**Table 2.** Composing strategies (adapted from Riazi, 1997)

Composing strategies	Constituents	Phases of composing process	
Cognitive strategies	Note-taking	Reading & Writing	
	Elaboration	Reading & Writing	
Interacting with the mate-	Use of mother tongue Reading & Writing		
rials to be used in writing	Knowledge and skill transfer		
by manipulating them	from L1		
mentally or physically	Inferencing	Reading	
	Drafting	Writing	
Metacognitive strategies	Assigning goals	Task representation and reading	
Executive processes used	Planning	Writing	
to plan, monitor, and	Rationalizing appropriate Reading & Writing		
evaluate a writing task.	Formats		
	Monitoring and evaluation	Reading/Writing/	
		task representation	
Social strategies	Appealing for clarifications	Task representation	
Interacting with other	Getting feedback from	Writing	
persons to assist in per-	Professors & peers		
forming the task or to gain			
affective control			
Search strategies	Searching and using libraries		
	Using guidelines	Reading and writing	
Searching and using	Using others' writing as a model		
supporting sources			

## 2.3 Empirical Studies

Gahungu (2007)<sup>[5]</sup> conducted a study to find the

interrelationship among strategy use, self-efficacy, and language ability in foreign language learners in Northern Arizona University. Participants of this research were 37 students studying French. One of the researchers asked the students to fill out a forty-item questionnaire which was strategy inventory for language learning (SILL). They were also asked to complete a forty-item questionnaire about their levels of self-efficacy. Learners' levels and their abilities in French language were measured by a cloze test. Open-ended questions, interviews, and class observation were used in this research, too. He found that there was a positive and significant relationship between these three variables.

Yilmaz (2010)<sup>[18]</sup> aimed at investigating the relationship between language learning strategies, gender, proficiency and self-efficacy beliefs. The results showed that there was a statistically significant difference for the strategies in favor of good learners. Also, it was shown that the highest and lowest ranks were for compensation strategies and affective strategies respectively.

Assadi Aidinlou and Massomi Far (2014)<sup>[2]</sup> investigated the relationship between self-efficacy beliefs, writing strategies, and correct use of conjunctions by Iranian EFL learners. The participants of this study were 67 EFL learners who studied English in a language school in Iran. They asked participants to fill out two questionnaires including self-efficacy beliefs questionnaire and a writing strategy questionnaire. They also used a writing task in which they asked students to complete it by using appropriate conjunctions. The findings showed that there was a statistically significant relationship between students' self-efficacy beliefs and writing strategies but there was not any statistically significant relationship between writing strategies and appropriate use of conjunctions.

Bai, Hu, and Gu (2014)<sup>[3]</sup> found that there was a relationship between language proficiency and the choice of strategies in Singapore primary schools. As they said, a wide range of writing strategies is available to young writers. However, their reliance on and use of certain writing strategies might be different in different stages of proficiency development.

Kao and Reynolds (2017)<sup>[7]</sup> investigated the relationship between strategy use and perceived writing ability of Taiwanese university students. They found a statistically significant positive relationship between the use of cognitive/preparation strategies and students' self-rated writing ability.

It could be said that there have been contradictory findings in the literature with regard to the relationship between strategy use and language learning skills and subskills. Due to the paucity of research in the Iranian EFL context, the present study delved in to the issue of writing strategies to find out if there exists a positive relationship between Iranian EFL students' writing strategies and writing abilities.

## 3. Methodology

The study is of a correlational nature. The aim of the study was to investigate the relationship between Iranian EFL students' writing strategies and writing abilities. Data were obtained through the Persian version of writing strategies questionnaire (Assadi Aidinlou & Masoomi Far, 2014)<sup>[2]</sup> and an IELTS writing task.

## 3.1 Participants

The participants were 120 randomly selected intermediate EFL students at Iran Language Institute. The students had learned English formally at school for more than five years and they participated in English language classes in this institute.

#### 3.2 Instrumentation

The following instruments were used to obtain valid and reliable data: Writing strategies questionnaire and an IELTS writing task. They are explained below:

## 3.2.1 Writing Strategies Questionnaire

The writing strategies questionnaire was taken from Language Strategy Use Inventory by Cohen, Oxford and Chi (2002). Yoong (2010) mentioned that this questionnaire has a high level of reliability as the Cronbach's alpha coefficient is 0.91. The original questionnaire included ninety questions. It was divided into six parts based on six language skills of listening strategy, vocabulary strategy, speaking strategy, reading strategy, writing strategy, and translation strategy.

The second version of Language Strategy Use Questionnaire included 40 statements concerning four main English language skills, namely listening, speaking, reading, and writing. The adapted version used in this study includes ten statements for writing skill. This questionnaire is in the form of 5-point likert scale ranging from 1 to 5. It was validated by Assadi and Massoumi Far (2014)<sup>[2]</sup> in Iran (See appendices A & B).

#### 3.2.2 IELTS Writing Task

Task 1 of an IELTS writing test was used to assess the learners' writing ability. The writing task was chosen from the book entitled Academic Writing Practice for IELTS (McCarter, 2002). [10] The students were supposed to write 150 words in 20 minutes to describe a graph. The writing samples were rated by two raters and the inter-rater reliability was found to be .95.

## 3.3 Data collection procedures

The students were asked to fill out the writing strategies questionnaires. They were informed that the items were about their personal views and there were no right or wrong answers. Also, they were given an IELTS writing test to elicit their writing samples.

#### 3.4 Design

The design of the study was ex-post facto design. The variables of the study were writing strategies and writing abilities. Students' writing strategies and writing abilities were measured by giving them a writing strategies questionnaire and an IELTS writing task respectively. The minimum and maximum scores students could get on the writing strategies test were 10 and 50 respectively. To rate students' writing samples, public band descriptors of Cambridge University were used. Four main criteria including "Task achievement", "Coherence and cohesion", "Lexical Resource" and "Grammatical Range and accuracy" were used to assess writing samples. The minimum and maximum scores they could get on the test were 0 and 36 respectively.

## 3.5 Data analysis

As for data analysis, descriptive and inferential statistics were used. The purpose of descriptive statistics was checking the underlying assumptions of the statistical procedures used in the study. As for the inferential statistics Pearson correlation test was used to check the hypothesis.

## 4. Results

As to this study, the writing strategies questionnaire was administered to indicate students' levels of using writing strategies. Table 3 below provides information about descriptive statistics for writing strategies used by Iranian EFL learners. In this table, the ranks and means of these items are summarized.

**Table 3.** Writing Strategies Used by Iranian EFL Learners

Item no	rank	Writing strategies m	
1	10	Exercising the alphabet and/or new words in the second language	
2	1	Designing in advance essay writing by preparing an outline for the essay	4.34
3	5	Writing different types of texts in the target language	3.86
4	6	Benefiting from notes taken in the classroom in the target language	3.65
5	3	Finding a different way for expressing the idea when not knowing the correct expression	4.12
6	4	Reviewing the written text before continuing	3.93
7	2	Using of reference issues such as a glossary, a dictionary, a thesaurus for finding words in the second or foreign language	4.23
8	7	Waiting to edit the writing until the ideas are down on paper	3.45
9	9	Modifying writing several times to change the language and content into a better format	2.97
10	8	Getting feedback from others, especially native speakers of language	3.24
_		mean	3.66
SD		0.82	

## 4.1 Test of Normality of distribution of data

The normality of distribution for writing strategies and writing scores are summarized in the following table.

**Table 4.** Tests of Normality

	Kolmogorov-Smirnov <sup>a</sup>		
	Statistic	df	Sig.
Writing strategies	.157	120	.200
IELTS Writing task1	.114	120	.200

#### a. Lilliefors Significance Correction

As seen in the table above, the sig level for both writing strategies and IELTS writing scores were .20. Therefore, it could be said that the data were normally distributed.

## 4.2 Analysis of the Research Question

As stated in previous parts, students completed a writing strategies questionnaire to find out about their writing strategies use in foreign language. IELTS writing task 1 was used to elicit students' writing samples. Students wrote about a diagram to show their ability in foreign language writing. The results of writing strategies questionnaire and the students' IELTS writing task 1 would provide data and an answer to the research question i.e. whether there is any relationship between the students' writing strategies use and their writing ability. To find the relationship between writing strategies and writing ability, a Pearson correlation test was done. As shown in table 5 below, the correlation coefficient is .888 which suggests that there was a statistically significant positive relationship between Iranian EFL students' writing strategies and their writing ability.

**Table 5.** Pearson Correlation Test for Writing Strategies Use and Writing ability

		IELTS Writing	Writing strategies
		task1	
Writing	Pearson Correlation	1	.888**
ability	Sig. (2-tailed)		.000
,	Sum of Squares and Cross-products	3502.3	449.73
	Covariance	29.43	3.77
	N	120	120
Writing	Pearson Correlation	.888**	1
strategies	Sig. (2-tailed)	.000	
	Sum of Squares and Cross-products	449.73	94.96
	Covariance	3.77	.67
	N	120	120

<sup>\*\*.</sup> Correlation is significant at the 0.01 level (2-tailed).

#### 5. Discussion and Conclusion

The results showed that there was a significant positive relationship between Iranian EFL students' writing strategies and their writing abilities. The findings echo earlier findings in the literature. For example, the findings are in line with Yilmaz (2010)<sup>[18]</sup> and Bai, Hu, and Gu (2014)<sup>[3]</sup> that there is a relationship between language learning strategies and students' proficiency. Also, findings

are in line with Kao and Reynolds (2017)<sup>[7]</sup> who found a statistically significant positive relationship between Taiwanese EFL students' use of cognitive/preparation strategies and their self-rated writing ability. However, the results are to some extent in contrast with Assadi Aidinlou and Massomi Far (2014)<sup>[2]</sup> who found that there was no statistically significant relationship between writing strategies and correct use of conjunctions. This might necessitate further research to find out more about the nature of the relationship between writing strategies and different components of writing including conjunctions.

Winne (1995)<sup>[17]</sup> recommended that students will obtain better results and scores in their learning process if they check how well they progress and control the impact and efficacy of their learning methods and strategies.

Moreover, Zimmerman and Bandura (1994)<sup>[20]</sup> mentioned that students should be aware of their abilities and the teachers should teach them to foster their writing strategies and self-efficacy. They believed that students should be aware of the effect of their own writing strategies and their relationship with self-efficacy beliefs.

The findings of this study will be insightful for teachers in that they will help them to find new ways to solve their problems in EFL writing. Most of the students are aware of writing strategies but they do not know how to use them. Teachers should teach them how to use these strategies in a proper context. Teaching these strategies and practicing them in writing classes can help the students to write in a more efficient way.

The study had some limitations. The first one concerned the data collection procedure. The students filled out the questionnaire but it is hard to know if the learners use these strategies in their own writing. The second limitation concerned the selection of participants. The participants were 120 EFL students in one language school. Dues to the limitations of the present study, caution needs to be exercised in generalizing the findings to the population of Iranian EFL learners.

Further studies could opt to choose more participants from different institutes across the country. Also, they could other instruments such as interviews to gauge students' writing strategies. The participants of this study were both males and females. It is suggested that further research deal with males and females separately or take into account the variable of gender which might have affected the results.

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## **Appendices**

## **Appendix A- Writing Strategies Questionnaire**

1.I practice writing the alphabet and/or new words in target language.

Never true of me
Sometimes true of me
Usually not true of me
Usually true of me
Usually true of me

2.I define an outline of the essay to design the way for writing.

Never true of me
Sometimes true of me
Usually true of me
Usually true of me

3.I try to write different kinds of texts in the target language.

Never true of me
Sometimes true of me
Usually not true of me
Usually true of me
Usually true of me

4.I take notes in the class in the target language as much as I'm able.

Never true of me

Sometimes true of me

Usually not true of me

Usually true of me

Usually true of me

5.I try to find different way of expressing the idea when not knowing the correct expression.

Never true of me Usually not true of me

Sometimes true of me Usually true of me Always true of me.

6.I review what has already been written before continuing to write more.

Never true of me Usually not true of me Sometimes true of me Usually true of me Always true of me.

7.I use reference materials such as glossary, a dictionary, or a thesaurus for finding or verifying words in the target language.

Never true of me Usually not true of me Sometimes true of me Usually true of me Always true of me.

8.I wait to edit my writing until all the ideas are down

on the paper.

Never true of me Usually not true of me Sometimes true of me Usually true of me Always true of me.

9.I revise my writing once or twice for improving the language and content.

Never true of me Usually not true of me Sometimes true of me Usually true of me Always true of me.

10.I try to get feedback from others, especially native speakers of the language.

Never true of me Usually not true of me Sometimes true of me Usually true of me Always true of me.

## **Appendix B- Persian Version of Writing Strategies Questionnaire**

1- من نوشتن الفيا و /يا كلمات جديد ر ا به زبان انگليسي تمرين مي كنم اصلا در باره من در ست نیست معمو لا در باره من در ست نیست

گاهی اوقات درباره ام درست است معمولا درباره من درست است کاملا درباره ام درست است

2- من براى طراحى نوشته ام ابتدا طرح و چارچوب كلى تعريف مى كنم. معمولا درباره من درست نیست اصلا در باره من در ست نیست گاهی او قات در باره ام در ست است معمو لا در باره من در ست است کاملا در باره ام در ست است

3- من سعى مى كنم تا متون مختلفى را به انگليسى بنويسم معمو لا در باره من در ست نیست اصلا در باره من در ست نیست

گاهی اوقات درباره ام درست است معمولا درباره من درست آست کاملا درباره ام درست است

4- من در کلاس زبان انگلیسی تا جایی که بتوانم یادداشت برداری می کنم اصلا درباره من درست نیست معمولا درباره من درست نیست

گاهی اوقات درباره ام درست است معمولاً درباره من درست است کاملا درباره ام درست است

5- وقتى من اصطلاح صحيح را نمى دانم، سعى مى كنم تا راه متفاوتى براى بيان ايده ام بيابم.

اصلا درباره من درست نیست معمولا درباره من درست نیست گاهی اوقات درباره ام درست است معمولا درباره من درست است

کاملا درباره ام در ست است 6- من متنى را كه نوشته ام مرور مى كنم و سيس به نوشتن ادامه مى دهم.

اصلا درباره من درست نیست معمولا درباره من درست نیست گاهی اوقات درباره ام درست است معمولا درباره من درست است

کاملا درباره ام درست است

7- من از منابع مرجع مانند واژه نامه،فرهنگ لغت و فرهنگ جامع لغات برای یافتن کلمات متنوع در زبان انگلیسی استفاده می کنم.

> معمو لا در باره من درست نیست اصلا در باره من در ست نبست

گاهی او قات در باره ام در ست است معمولا در باره من در ست است کاملا در باره ام در ست است

8- من تا زمانیکه همه ایده ها و نظراتم را به روی کاغذ بیاورم صبر می کنم و نوشته ام را ویرایش می کنم. معمو لا در بار ه من در ست نیست اصلا در باره من در ست نبست

گاهی او قات در بار ه ام در ست است معمو لا در بار ه من در ست است کاملا درباره ام درست است

9- من برای بهتر شدن زبان و محتوای نوشته ام یک یا دوباره بازبینی می کنم. معمو لا در بار ه من در ست نیست اصلا در بار ه من در ست نیست کاملا در بار ه ام در ست است گاهی او قات در بار ه ام در ست است 💎 معمو لا در بار ه من در ست است

10- من سعى مى كنم از بقيه بخصوص سخنوران و گويندگان زبان انگليسى استفاده كنم.

اصلا درباره من درست نیست معمولا درباره من درست نیست

گاهی اوقات در باره ام در ست است معمولا در باره من در ست است کاملا در باره ام در ست است